

30-MINUTE RECIPES FROM THE YEAR'S BEST COOKBOOKS

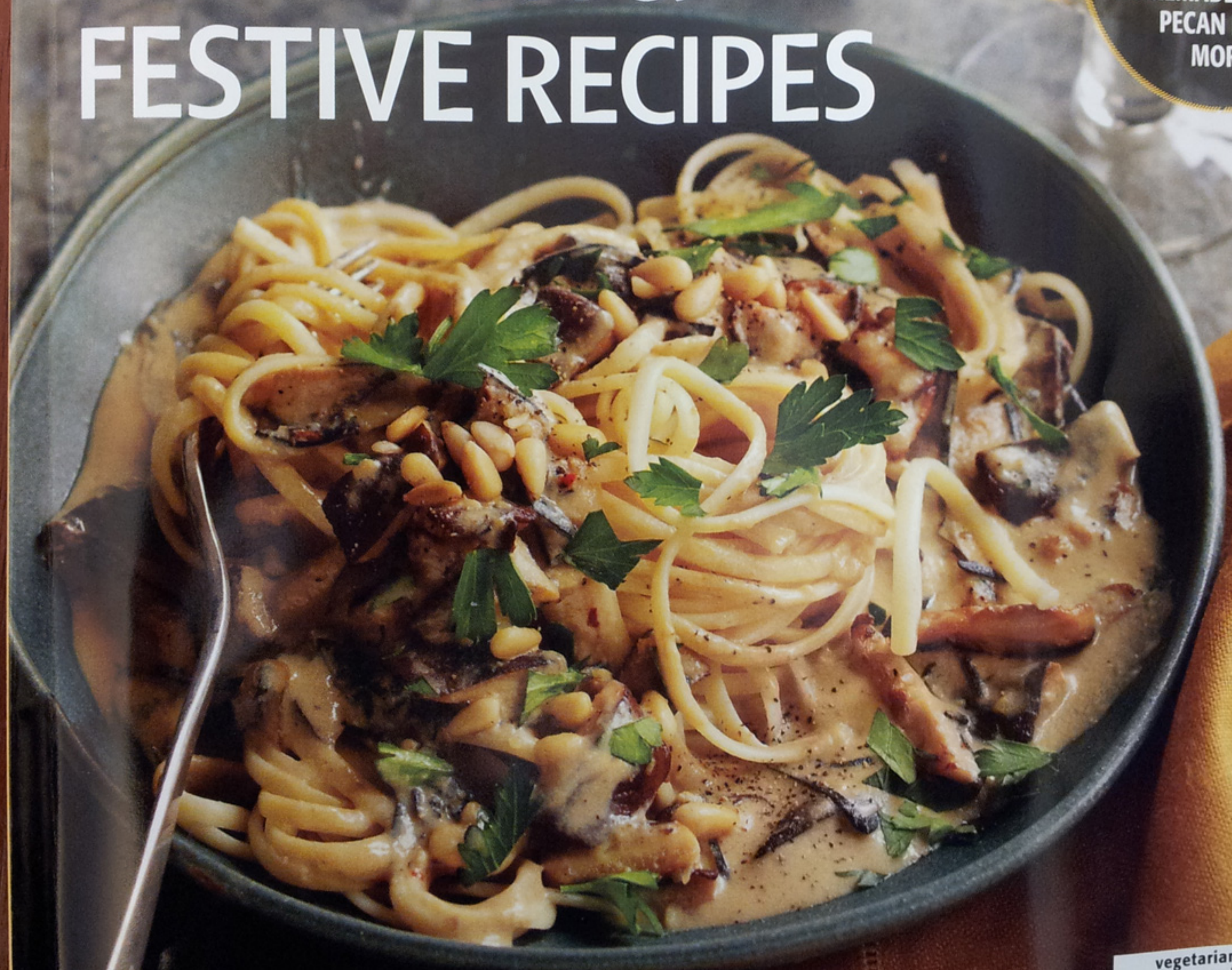
# vegetarian

times

EAT GREEN • LIVE WELL

## 31 HOLIDAY SPECIAL FRESH & FESTIVE RECIPES

**GO NUTS!**  
\*  
HOMEMADE BRITTLE,  
PECAN PIE &  
MORE



**ULTIMATE  
HOLIDAY  
GRAVY**

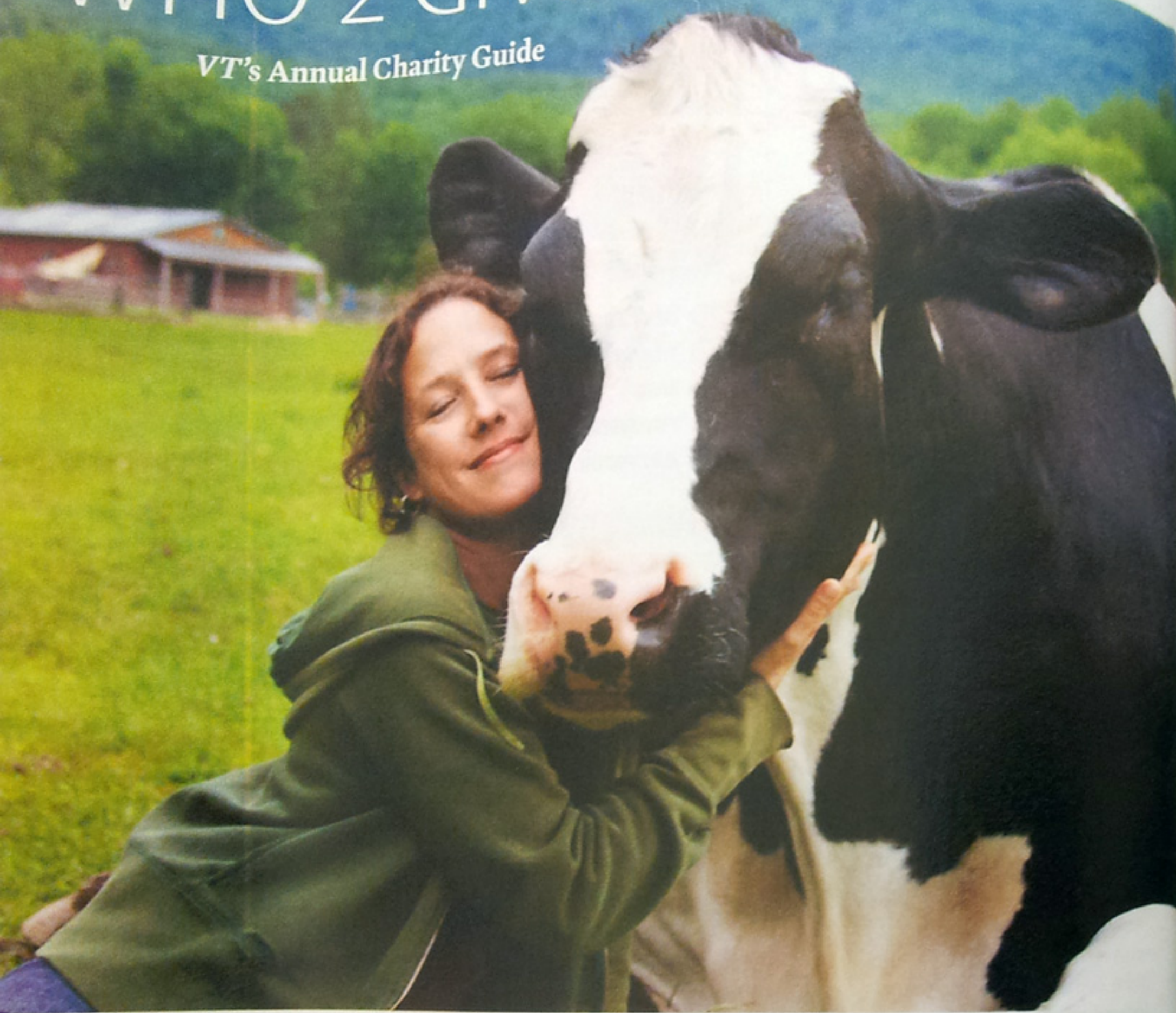
**IN SEASON  
BRUSSELS  
SPROUTS**

**LINGUINE WITH  
CLAM-FREE SAUCE**  
A classic reinvented  
with shiitakes and  
pine nuts, p. 25

vegetariantimes.com  
December 2012  
\$4.99 US \$6.99 CAN 1 2 >  
0 70989 39199 4  
Display until 1/8/2013

# WHO 2 GIVE 2

VT's Annual Charity Guide



LEFT: WOODSTOCK FARM ANIMAL SANCTUARY'S JENNY BROWN WITH DYLAN THE RESCUED COW; RIGHT: MUTTVILLE'S SHERRI FRANKLIN WITH RESCUED CHIHUAHUA LULU.

CLOCKWISE FROM LEFT: IMAGES COURTESY OF WOODSTOCK FARM ANIMAL SANCTUARY; MUTTVILLE SENIOR DOG RESCUE; FRIENDS OF ANIMALS; ANIMAL AID UNLIMITED



LEFT: AN ANIMAL AID UNLIMITED VOLUNTEER CUDDLES A STREET DOG RECOVERING FROM A NECK INJURY; ABOVE: EXOTIC PET TRADE REFUGEE JORDAN THE LEMUR AT PRIMARILY PRIMATES.



## Got room to spare in your holiday shopping cart?

Send a little TLC to a dog, goat, chicken, or cow in need. This year, we've rounded up six deserving nonprofits whose sole focus is helping animals, whether through advocacy, adoption, or rehabilitation. No worries if you can't shell out the money: you can still make a difference by volunteering, donating used items, and spreading the word.

### ANIMAL AID UNLIMITED

**What:** Seattle natives Erika Abrams, Jim Myers, and their daughter, Claire, came to India on vacation, but decided to stay after realizing how many homeless animals needed their help. In the decade since starting Animal Aid, their team has provided shelter and medical care for 37,000 street animals, working closely with the community in rescue and rehabilitation efforts.

**Gift idea:** \$25 covers the entire cost of rescuing, treating, and feeding the average animal until it's well enough to be released.

**Get involved:** Join volunteers from around the world in visiting the hospital in Badi, Udaipur, for a few days or a few months—to walk dogs, groom donkeys, and bottle-feed baby goats and cows.

**Cool fact:** Animal Aid's humane-education program reaches 10,000 to 15,000 local schoolkids every year.

**Contact:** [animalaidunlimited.com](http://animalaidunlimited.com)

### MUTTVILLE SENIOR DOG RESCUE

**What:** While volunteering at her local animal shelter, Sherri Franklin longed to save all the elderly dogs, typically passed over in favor of puppies. In 2007 she realized that dream with Muttville, her San Francisco-based rescue group dedicated to the adoption and hospice care of over-the-hill pooches. "Senior dogs matter," says Franklin. "They deserve the chance to live out their lives."

**Gift idea:** \$65 provides for the daily care of one senior dog for a month.

**Get involved:** Foster a rescued dog; donate a dog bed or leash; volunteer for Muttville's "Seniors for Seniors" program, which pairs senior dogs with senior citizens.

**Cool fact:** Muttville has placed more than 1,400 dogs—nearly all of them rescued from shelters where euthanasia was imminent.

**Contact:** [muttville.org](http://muttville.org)